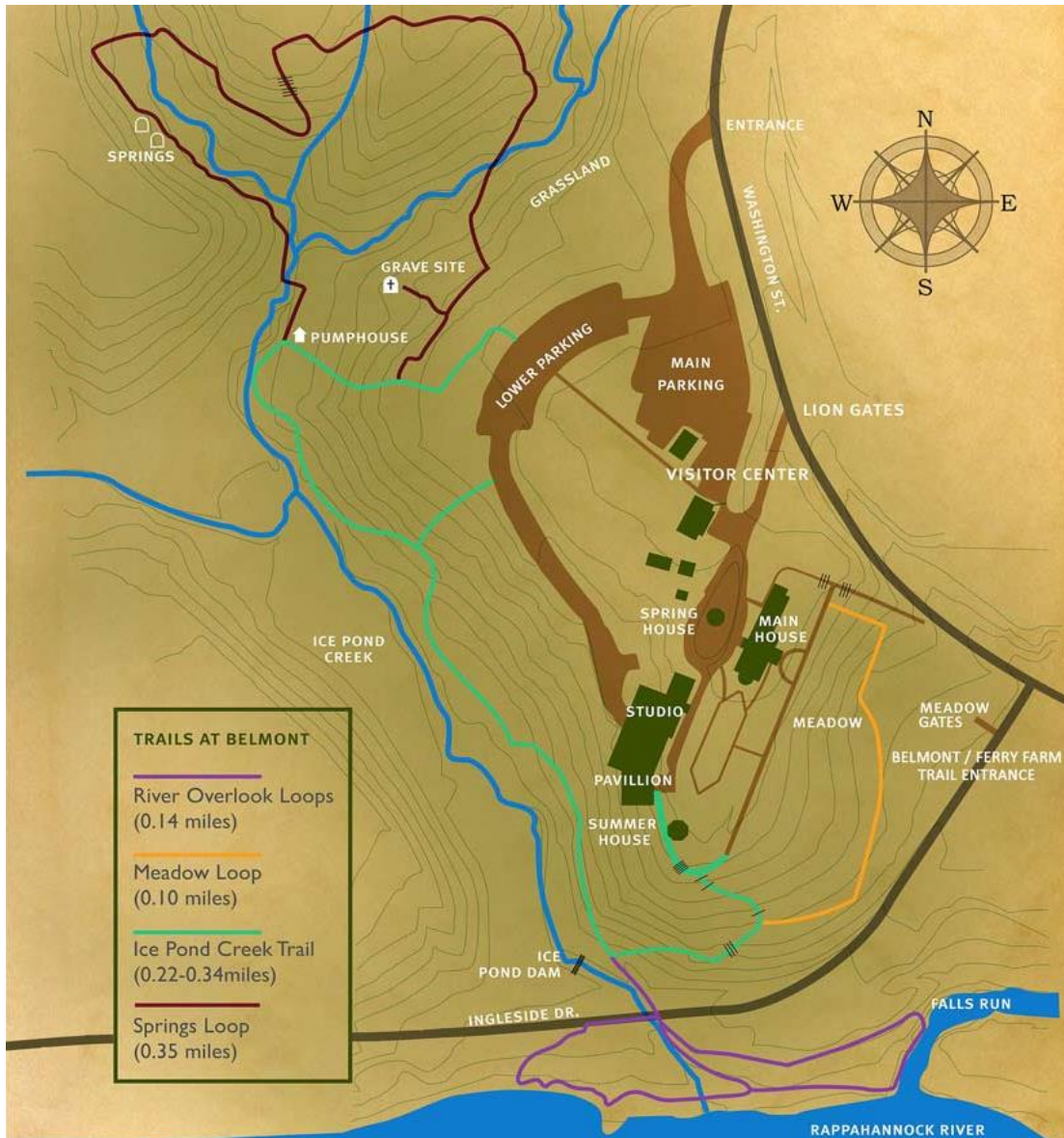


## WELCOME TO OUR TRAILS

Our gardens and trails are for everyone's enjoyment. Please be courteous to other visitors and take precautions to avoid injuries. Watch your step and look for uneven ground in both the gardens and on the trails.



Please follow these simple rules:

- Remain on the trails at all times- do not cut through tall grasses or flowerbeds
- Keep area free of litter
- Hunting, camping and fires are prohibited
- Horseback riding and mountain biking is prohibited
- Look out for snakes, wild-life and poisonous plants

Check thoroughly for ticks after your visit: The tick-borne diseases that occur most often in Virginia are Lyme disease, Rocky Mountain spotted fever, and ehrlichiosis. While it is a good idea to take preventive measures against ticks year-round, be extra vigilant in warmer months (April-September) when ticks are most active.

TAKE NOTHING BUT PICTURES, LEAVE NOTHING BUT FOOTPRINTS

Visitor Center desk phone number is (540) 654-1845 – Open daily 10-5